

theravine facial treatments

All facials include a complimentary Brow Shape
Except for the Appetizer Facial & Eye Treatment

appetizer facial A basic Vintotherapy boost, customised to suit your specific skin concerns.	R200 30min
men's deep cleanse facial A deep cleansing facial designed for the specific needs of men's unique skin.	R350 60min
balancing facial A deep cleansing treatment that removes surface impurities leaving your skin balanced, radiant & restored.	R350 60min
hydravine facial Specialised treatment for dull, dehydrated skin.	R400 60min
therapack nutritional facial This luxurious treatment helps hydrate, nourish and moisturise the skin.	R400 90min
anti-aging facial Fantastic treatment for mature skin, concentrating on fine lines & wrinkles, & leaving the complexion looking rejuvenated & refreshed.	R490 90min
timecare eye treatment Ultimate eye rejuvenation for those dark circles, puffiness and fine lines.	R190 30min

massage therapy

theranaka back & neck	R190 30min
theranaka full body	R350 60min
hot stone back & neck	R250 60min
hot stone therapy	R450 75min
scalp massage (no oils)	R180 30min
reflex foot massage	R190 30min
aromatherapy full body	R330 60min

sun bed therapy

sun bed session	R30
sun be course (10 sessions)	R250

body therapy

theranaka body exfoliation Stimulating full body exfoliation completed with baobab body lotion.	R170 30min
earth spa hydro bath A blissful relaxing experience with re-mineralising bath salts or moisturising bath milk.	R170 30min
theranaka exfoliation & bath A full Theranaka Body exfoliation, followed by a Theranaka bath.	R280 45min
theranaka body wrap Customized to meet your needs. (Detoxifying, Uplifting of Relaxing)	R350 60min

waxing

brow	R40
lip	R40
chin	R40
facial area	R80
underarm	R80
full arm	R95
half leg	R100
full leg	R150
bikini	R80
g-string	R100
brazilian	R140
chest	R100
stomach	R95
back	R150
feet	R30

signature treatments

theranaka african wood massage with dumbbells Using specially designed Swarthout dumbbells, resulting in absolute relaxation & rejuvenation.	R250 30min
theranaka avo & shea butter nugget massage Relax into the rhythm of Africa, for a deluxe experience. As the butter start to melt with the body's temperature, a re-laxing massage will leave your skin hydrated & nourished.	R450 60min
shiatus scalp massage with hair therapy Lift the world off your shoulders. A pressure point massage, lifting stress & tension.	R250 30min

hands & feet therapy

express manicure (no paint)	R100 20min
classic manicure	R150 45min
french manicure	R180 60min
spa paraffin manicure	R200 60min
theranaka hand therapy	R75 20min
express pedicure (no paint)	R115 30min
classic pedicure	R180 60min
french pedicure	R210 60min
spa paraffin pedicure	R230 60min
theranaka foot therapy	R75 20min
file & paint only	R45 15min
file & french paint only	R65 15min

nail enhancements

acrylic full set	R250 90min
acrylic overlay	R160 60min
gel full set	R240 90min
gel overlay	R150 60min
toe gel	R150 50min
soak off	R35 15min

lash & brow care

lash tint	R40
brow tint	R40
brow shape	R40
lash & brow tint & brow shape	R100

make-up

day make-up	R150
evening make-up	R150
matric farewell & trial	R300
bridal make-up & trial	R400

packages

All with complimentary drinks & health platter.
We will spoil you!

earth spa retreat • Classic Manicure • Classic Pedicure • Express Facial	R430 3h00
earth spa pampering • Theranaka Back & Neck Massage • Theranaka Hand & Foot Ritual • Express Facial	R450 2h00
earth spa de lux • Theranaka Body Exfoliation & Bath • Theranaka Full Body Massage	R490 2h00
earth spa bridal package • Sparkling wine & Orange Juice on Arrival • Full Body Massage of Your Choice • Theranaka Exfoliation & Bath • Theranaka Facial	R780 4h00
couple therapy (per couple) • Body Ceremony in the Steam Room • Theranaka Bath • Theranaka Back & Neck Massage • Scalp Massage	R850 3h00
earth spa half day delight • Theranaka Exfoliation & Bath • Theranaka Full Body Massage • Theranaka Hand & Foot Ritual • Personalised Facial	R890 4h00
earth spa full day relaxation • Theranaka Body Exfoliation & Bath • Theranaka Awakening Massage • Classic Manicure & Pedicure • Personalised Facial • Scalp Massage • Shiatsu Schalp Treatment	R1200 6h00

spa policy

- Please arrive 10 min prior to your treatment.
- Late arrivals will have their treatment times reduced accordingly.
- Children under 18 must be accompanied by an adult.
- Prices are subject to change without any prior notice.

cancellation policy

- A minimum of 24 hours notice for cancellation for a single appointment.
- A minimum of 48 hours for packages or appointments with two people or more.
- Any cancellation not meeting these criteria is subject to cancellation fee of 50 % of all services reserved, no shows are charged full price.

need to know

- Please make bookings at reception if you are a stay-in guest or book directly at the Earth Spa (015) 304 3079 or Ext. 238.
- To avoid disappointment, please make bookings well in advance.
- Please inform our therapist of any medical conditions prior to treatment.
- Bring your bathing suit if you prefer. Disposable underwear will be supplied.
 - Towels will be provided.
 - Shower facilities, shampoo and conditioner available.
- Do not wear any jewellery or lock it away in the locker supplied to you.
- No cell phones allowed. For us to maintain an atmosphere of relaxation and as a courtesy to other guests, we ask that all cell phones be switched off while in the Earth Spa.
- Retail products available at the Spa.

our hours of operation

Mondays to Saturdays	09h00 to 18h00
Sundays	09h00 to 14h00

contact us

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Gift Vouchers Available